

HEARING, MINDFULNESS, Listening with your Whole Body AND MOVEMENT



FELDENKRAIS
INSTITUT
WIEN
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Please contact us with any question
you might have and to register:

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Workshop with David Kaetz

November 28–29, 2015 in Vienna

David Kaetz is a Feldenkrais practitioner, musician, and writer who teaches and performs in both Canada and Europe.

With his approach and this workshop he creates opportunities to playfully and sensitively explore one of our senses: „The human ear, with all of its marvellous structures, is one aspect of good hearing and listening, but it is not the only one. As vision involves more than the eyes, listening involves and is integrated with movement, breath, attention, attitude, thought, emotion, context, relationship, and the other senses.“

The workshop is intended for all those who seek to nourish, protect, and improve their hearing. It is especially valuable for those for whom listening is central to what they do, such as musicians, therapists, health professionals, teachers, spouses, parents, and others. This work opens new and effective areas of change; it is not meant to replace other professional resources for care of the ears.

David is the author of the book “Making Connections” on the cultural and spiritual roots of Moshé Feldenkrais. His approach is clear, musical, and full of humour. For more information on David’s music and teaching, see www.davidkaetz.com.

Saturday, November 28, 2015
Sunday, November 29, 2015
Times: from 10.00 to 16.30

Fee: € 220 ,- (inkl. MwSt./VAT), reduced (students): € 180,-

The workshop will be in English and German.

www.feldenkraisinstitut.at