

# HEARING, MINDFULNESS, Listening with your Whole Body AND MOVEMENT



FELDENKRAIS  
INSTITUT  
WIEN  
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## Workshop with David Kaetz

December 3–4, 2016 in Vienna

David Kaetz is a Feldenkrais practitioner, musician and writer, teaching in both Canada and Europe.

In this workshop David creates an unusual opportunity to explore our sense of hearing, in a unique, playful and sensitive way: “The human ear, with its marvellous and intricate structures, is one aspect of listening, but not the only one. As vision involves more than the eyes, listening involves more than the ears, and is integrated with movement, breath, attention, attitude, thought, emotion, context, relationship, and the other senses.”

The workshop is intended for all those who seek to nourish, protect, and improve their hearing. It is especially valuable for those for whom listening is central to what they do, such as musicians, therapists, health professionals, teachers, spouses, parents, and others. This work opens new and effective areas of change; it is not meant to replace other professional resources for care of the ears.

David is the author of the book „Making Connections“, on the cultural and spiritual roots of Moshé Feldenkrais, and „The Ezekiel Code“, which examines the archetype of wholeness. His approach is clear, musical, and full of humour. For more information on David’s teaching, books, and recordings, see [www.davidkaetz.com](http://www.davidkaetz.com).

Saturday, December 3, 2016

Sunday, December 4, 2016

Times: from 10.00 to 16.30

Fee: € 220 ,- (inkl. MwSt./VAT), reduced (students): € 180,-

The workshop will be taught in English, with explanations in German on request.