

JEFF HALLER IOPS ACADEMY VIENNA

Graduate-level Program for Feldenkrais Practitioners

EARLY-BIRD APPLICATION DEADLINE: August 31, 2026

IOPS = Ideal Organization + Profound Strength

The IOPS Academy is for practitioners who have trained or are training in the lineage of Moshe Feldenkrais, and have studied self-organization with Jeff Haller.

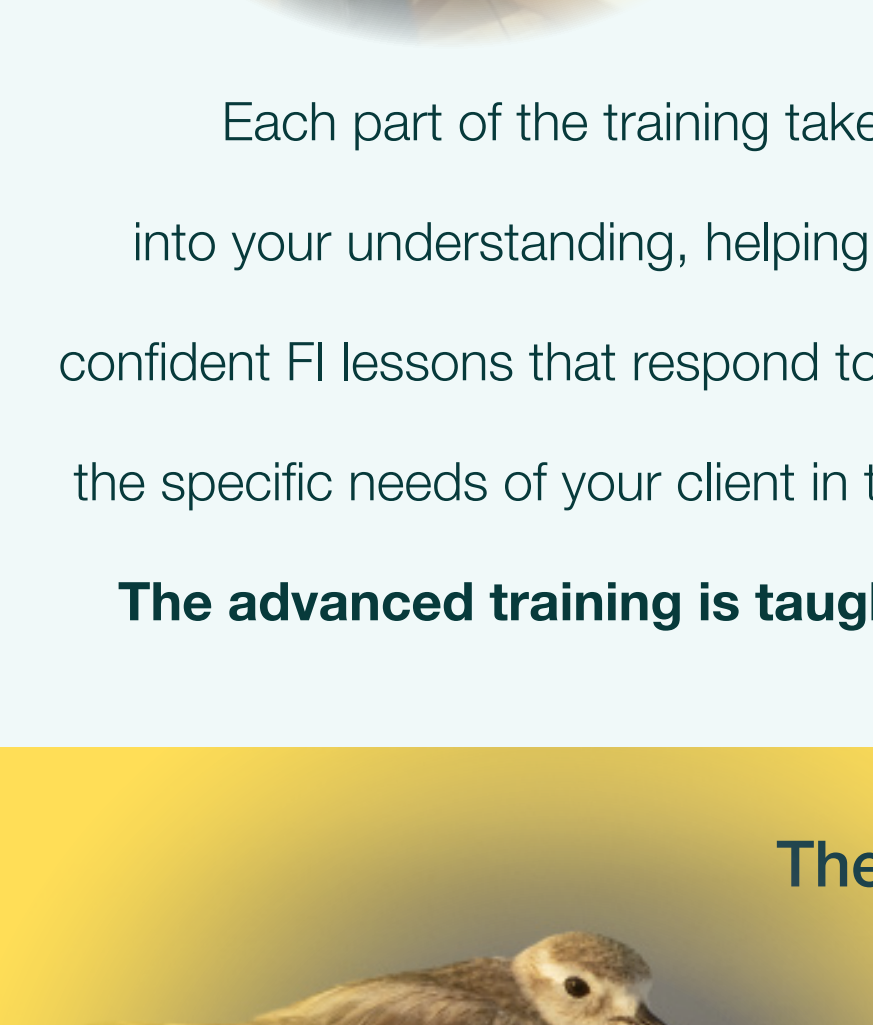
JANUARY - JUNE 2027

with live and online segments

Vienna, Austria

See website for prerequisite details:

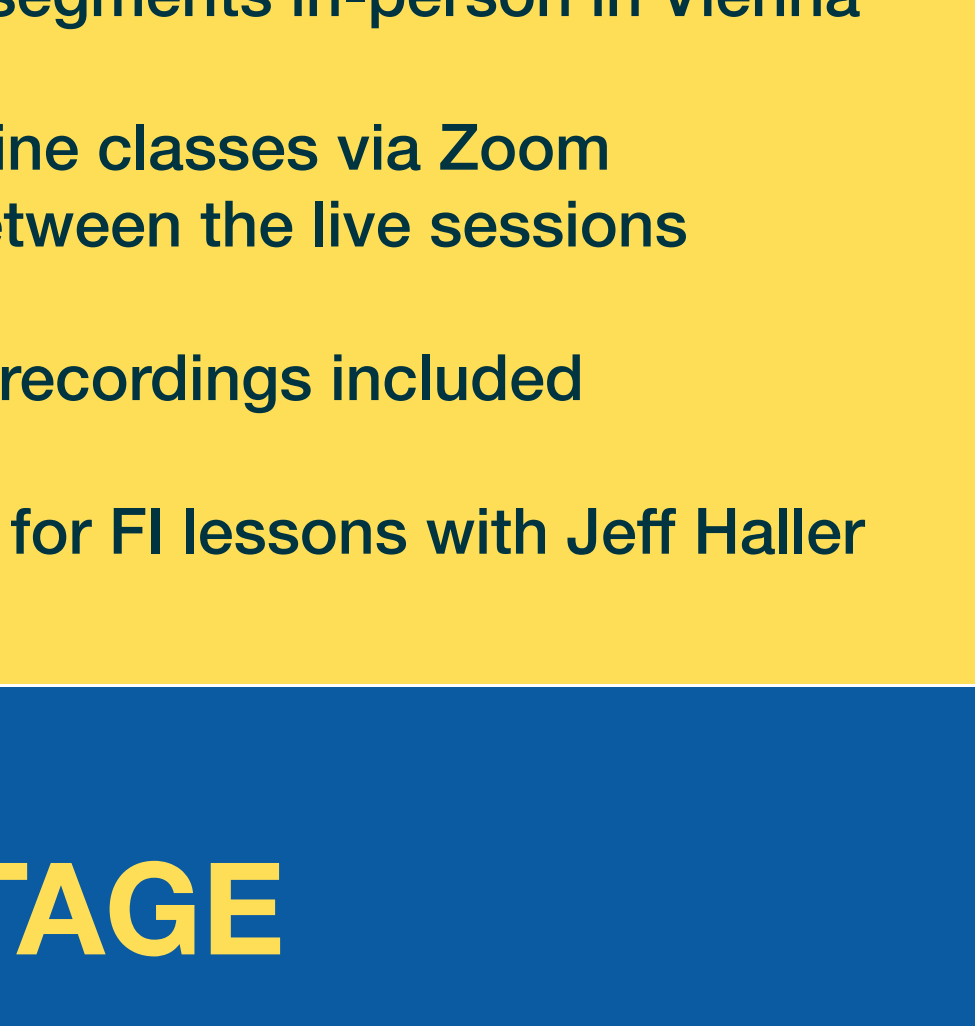
<https://www.feldenkraisfirst.com/iops-academy-2027>



Each part of the training takes you further into your understanding, helping you craft confident FI lessons that respond to and meet the specific needs of your client in the moment.

The advanced training is taught in English.

The IOPS Academy offers you Jeff Haller's focused perspective and deep understanding of function and functional strength. We will study the theme of ideal organization and profound strength -- how to develop it in yourself and in your clients -- from many different functional perspectives.



The IOPS ACADEMY in VIENNA will consist of:

- 2 live segments in-person in Vienna
- 4 online classes via Zoom in-between the live sessions
- Video recordings included
- Extra Day for FI lessons with Jeff Haller



THE IOPS ADVANTAGE

As a participant in the IOPS Academy, you will:

- Examine your strengths and weakness, and develop in the areas you most need to grow.
- Engage in a community of fellow practitioners that support each other and improve together.
- Develop a rigorous understanding of function using the IOPS curriculum.
- Inspire and energize your teaching -- thinking deeply, sharing your talents, and committing to skillful growth.
- Emerge as an exceptional practitioner who communicates a clear, precise image of human function and confidently fosters the outcomes your clients seek.



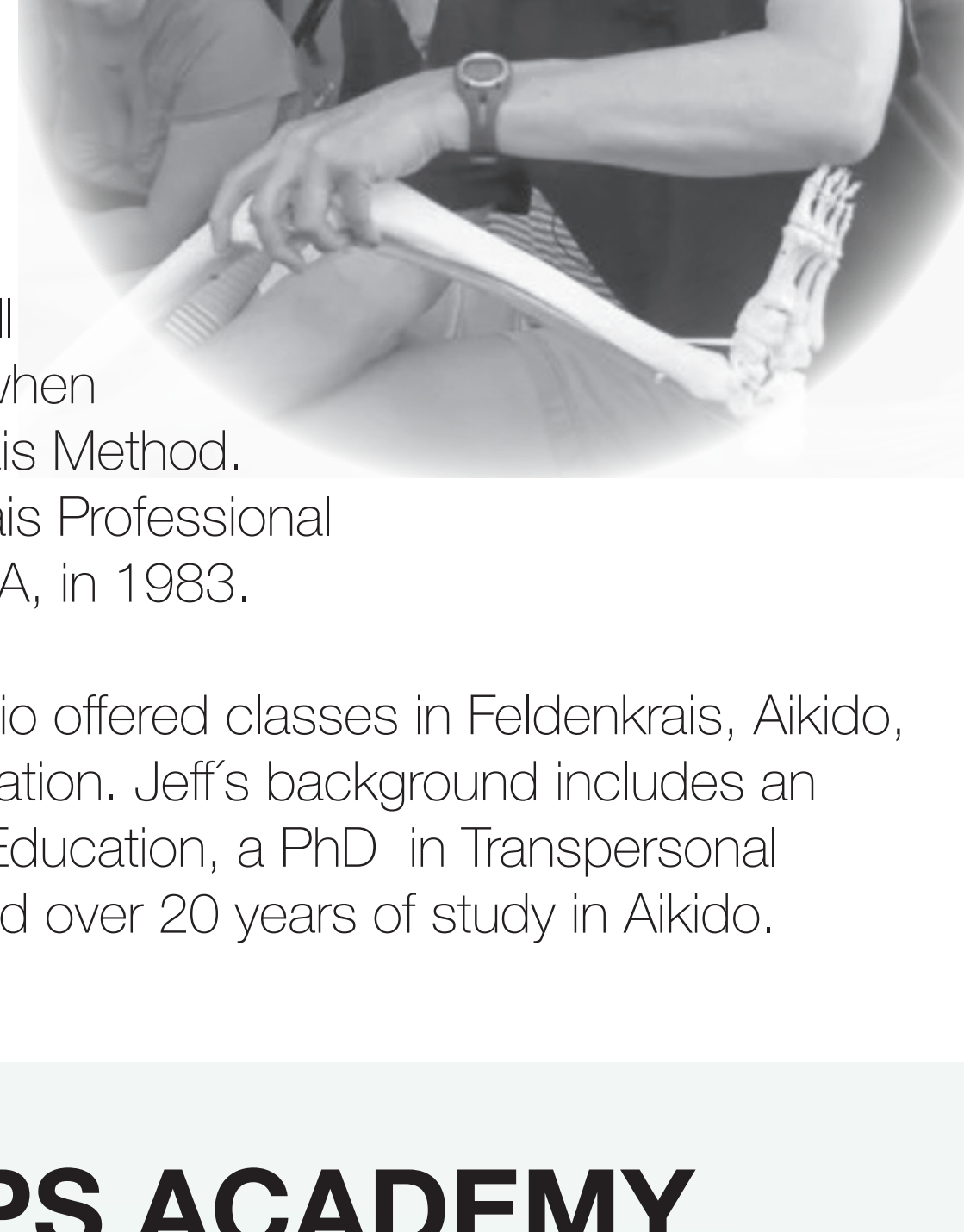
JEFF HALLER, Ph.D.

Feldenkrais Trainer (U.S.A)

Jeff Haller, Ph.D. is a world-renowned Feldenkrais Trainer.

He regards the Feldenkrais Method as a pathway to the inner composure necessary for living a creative life in a challenging world.

Jeff studied directly with Dr. Moshe Feldenkrais. Since 1993, Jeff's primary focus has been to train Feldenkrais Method teachers. He has been the Educational Director of 10 trainings. He has taught around the world, while sustaining an extensive private practice in Bellevue, WA.



Jeff was a university-level basketball player at Oregon State University when he first encountered the Feldenkrais Method. He graduated from the Feldenkrais Professional Training Program in Amherst, MA, in 1983.

From 1984-1991 his studio offered classes in Feldenkrais, Aikido, Yoga, Tai Chi and meditation. Jeff's background includes an MA in Intercultural Education, a PhD in Transpersonal Psychology, and over 20 years of study in Aikido.



IOPS ACADEMY CURRICULUM

The IOPS curriculum reflects four Advanced Trainings that Jeff has given in the past; the video recordings of these Advanced Trainings (included in your tuition) support our learning. It is recommended that you come to the IOPS sessions having already viewed these recordings. Jeff will also provide updates he has made to the work over the years.

The 4 units of IOPS:

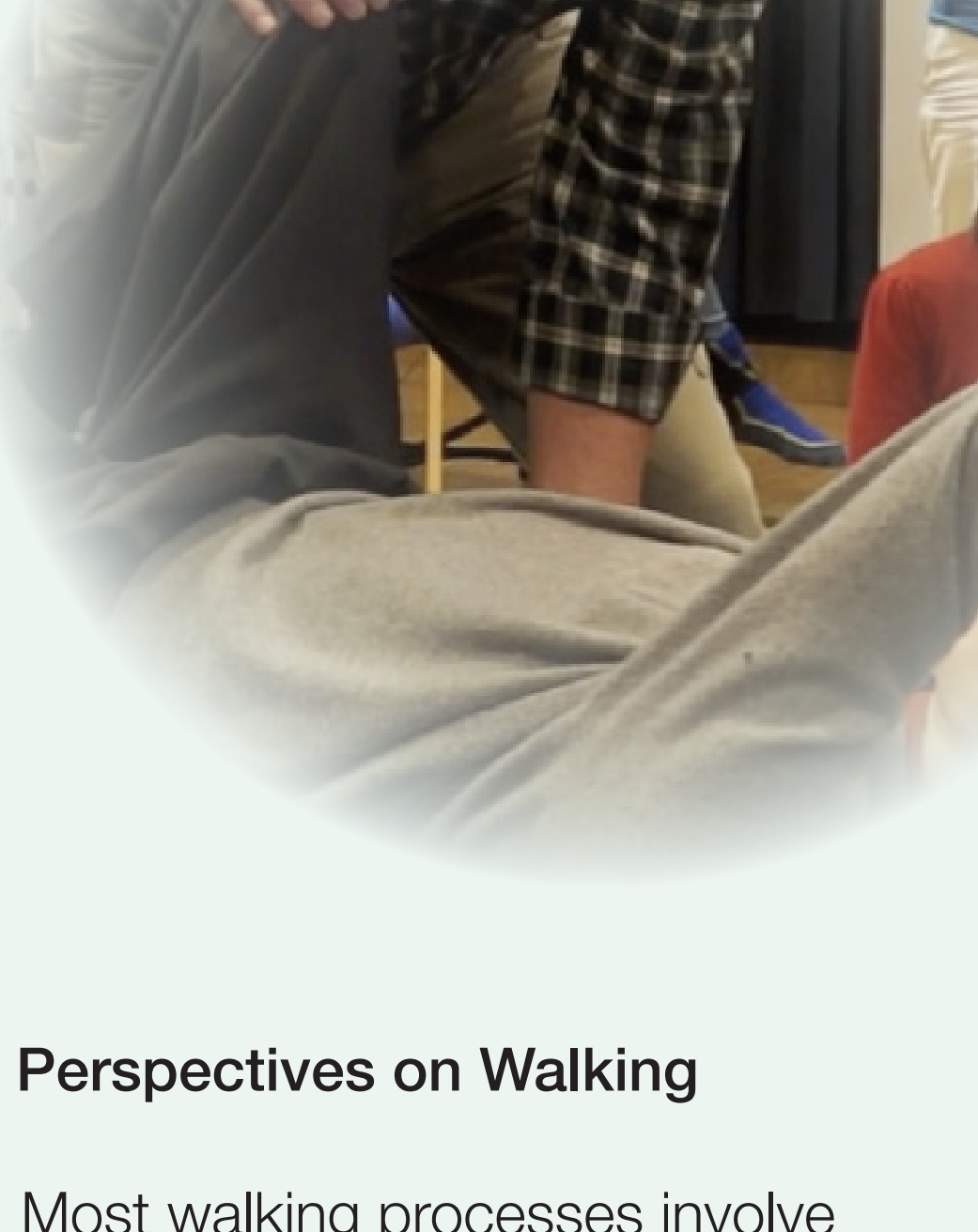
- **Discovering Patterns in Functional Integration**

Beginning with how a baby learns to crawl, we see how crawling is carried through our entire development.

We'll learn about how asymmetrical behaviors are hidden in our ATM practices and affect the outcomes produced in ATM practice.

- **Discovering the Roots of Internal Strength**

The martial arts provide us with a way to develop internal integrity and stability. How that takes place through our skeleton is not widely understood. We'll explore how inner stability and composure support our most personal expression.



- **Perspectives on Walking**

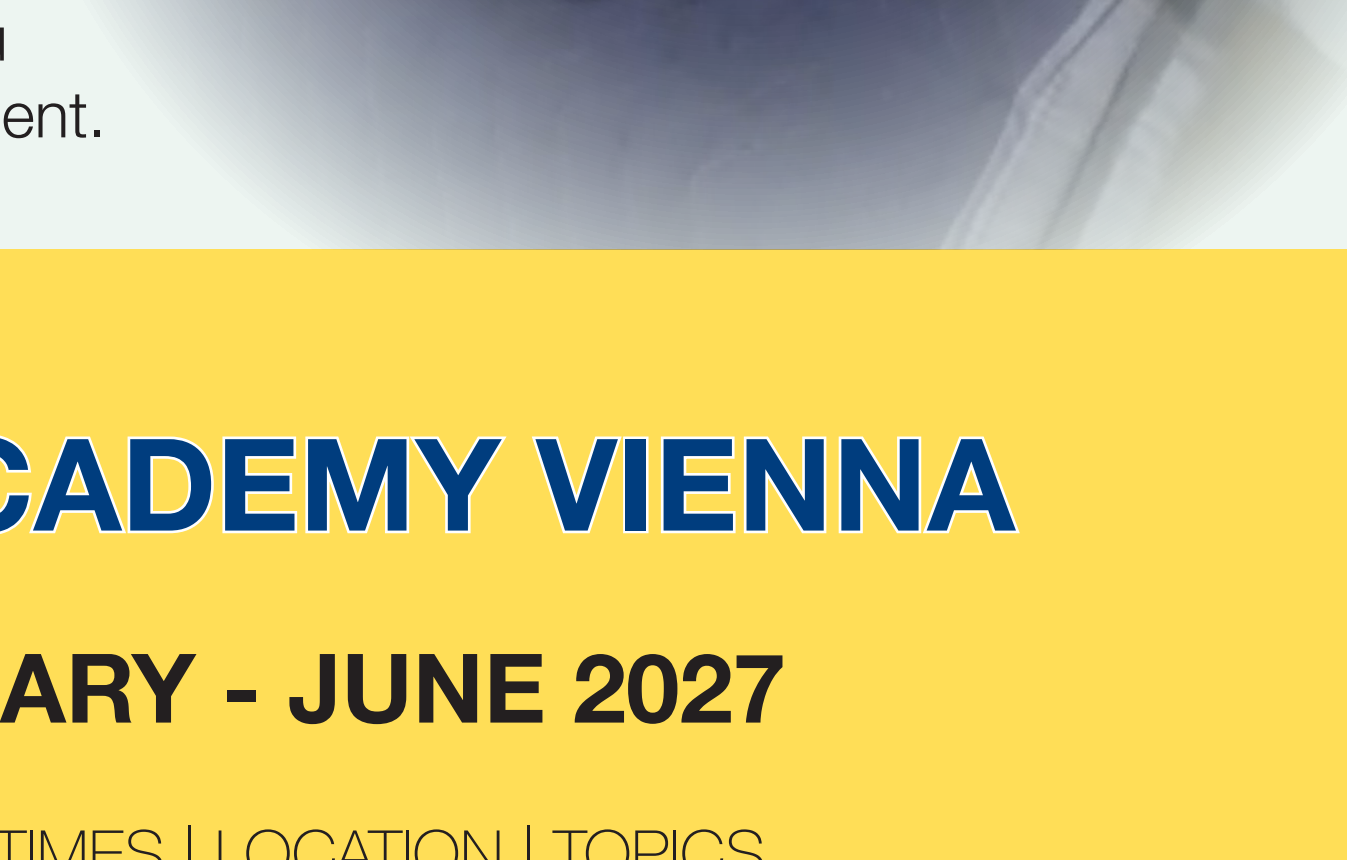
Most walking processes involve the idea of falling and catching yourself. No other animals besides humans fall when they move in the field of gravity. To fall and catch yourself also defies Moshe's notions of reversibility.

We'll study what he had in mind when he spoke of reversibility; it is much more than simply returning though the path from which you came.

- **Crafting Functional Integration Lessons with Confidence**

Functional Integration practice encompasses so much more when we grasp the material from the three sessions above.

It becomes a significant dialogue between you and your student/client.



IOPS ACADEMY VIENNA

JANUARY - JUNE 2027

DATES | TIMES | LOCATION | TOPICS

SEGMENT 1

January 2 - 12, 2027

9-Days + 1 extra Day for FI Lessons
In-person in Vienna

TOPICS OF SEGMENT 1

Part 1

Discovering your Patterns in Functional Integration

(January 2 - 6, 2027)

Day off: January 7, 2027

Part 2

Discovering the Roots of Internal Strength

(January 8 - 11, 2027)

Extra Day for FI Lessons: January 12, 2027

FI Lessons with Jeff Haller (optional)

SEGMENT 2

June 17 - 28, 2027

10-Days + 1 extra Day for FI Lessons
In-person in Vienna

TOPICS OF SEGMENT 2

Part 1

Perspectives on Walking

(June 17 - 21, 2027)

Extra Day for FI Lessons: June 22, 2027

FI Lessons with Jeff Haller (optional)

Day off: June 23, 2027

Part 2

Crafting Functional Integration Lessons with Confidence

(June 24 - 28, 2027)

TIMES OF SEGMENT 1

Day 1: January 2, 2027 12.30 - 18.00

Day 2 - Day 5: 9.30 - 16.30

Day off: Thursday, January 7, 2027

Day 6 - Day 9: 9.30 - 16.30

Extra Day for FI Lessons: 9.30 - 16.30

TIMES OF SEGMENT 2

Day 1: June 17, 2027 12.30 - 18.00

Day 2 - Day 5: 9.30 - 16.30

Extra Day for FI Lessons: 9.30 - 16.30

Day off: Wednesday, June 23, 2027

Day 6: June 24, 2027 12.30 - 18.00

Day 7 - Day 10: 9.30 - 16.30

ONLINE CLASSES VIA ZOOM

4 Online - Classes in-between the live sessions

The online classes take place between the two live segments once a month via Zoom. The dates will be announced in time.

LOCATION:

VIENNA FELDENKRAIS INSITUT

Taborstrasse 71/1a

1020 VIENNA

AUSTRIA

Apply today and save your place!

PAYMENT OPTIONS

Option #1: Single Payment by August 31, 2026: \$4,000 USD (Early Bird, after \$4,500 USD)

Option #2: Three \$1,600 installment payments (totaling \$4,800 USD)

Feldenkrais First Members:

Single Payment by August 31, 2026, after \$3,375 or three \$1,200 installment payments (totaling \$3,600)

Costs includes 10% nonrefundable deposit. For cancellations after October 15, 2026 the whole fee will be owed, unless a substitute participant is found.

Application via Feldenkrais First:

<https://www.feldenkraisfirst.com/iops-registration-2027>

Organization | Information | Registration

Feldenkrais First

See website for prerequisite details:

<https://www.feldenkraisfirst.com/iops-academy-2027>



Please contact me if you need assistance.

Gudrun Esterer | Vienna: feldenkrais@gudrunesterer.com