

● SPRING 2014

The spring term starts on Monday, 31 March and ends on Thursday, 26 June, 2014. The courses include between 6 and 11 weekly classes (of 75 minutes each). Previous experience is not necessary. Enrolment is possible at any time.

There are no classes on public holidays: Thursday, May 1, Thursday, May 29, Monday, June 9 and Thursday, June 19, 2014.

There are easter holidays from April 11 to 27, 2014.



**FELDENKRAIS
INSTITUT
WIEN**

Awareness Through Movement (ATM) Classes

	Monday	Tuesday	Wednesday	Thursday
9.30 – 10.45			ATM * Joy & Verena	
10.45 – 12.00		ATM * Sascha		ATM * Sascha
16.45 – 18.00				ATM (English) ▶ Petra
17.45 – 19.00		ATM * Sascha	ATM * ■ Sascha	
18.30 – 19.45	ATM * Joy			ATM * * Joy

* These classes are taught in German.

Registration

Please sign up for the course of your choice:

Joy Prutscher	joy_akosua@yahoo.de
Sascha Krausneker	kurs@feldenkrais-praxis-wien.at
Petra Benkö	petra@functioningfeldenkrais.com

Course cards:

There is a variety of course cards available. Please choose the one that suits you best, there is an overview available at www.feldenkraisinstitut.at/classes or in the first lesson.

Please get your card/pass directly from your teacher and pay them in cash.

▶ Canceled on May 22 and June 26.

■ Canceled on June 25.

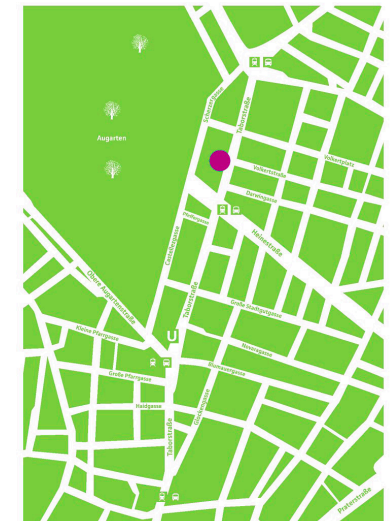
* Canceled on June 26.

Trial lesson:

The first trial lesson is always free of charge.

Want to know more about Awareness Through Movement and about the teachers?

Please visit www.feldenkraisinstitut.at



Getting there:

The Feldenkrais Institute is at Taborstraße 71 in the 2nd district of Vienna. This is 5 walking minutes from the underground station *Taborstraße* on the U2 – or at the *Heinestraße* stop on the No. 2 tram.