

# FI Review Sessions and Mentoring

## Reviewing the Functional Integration material of FITP Wien 2023 with Sascha or Joy



To study and clarify Functional Integration skills is the main focus in the 3<sup>rd</sup> and 4<sup>th</sup> year of a Feldenkrais training program. In order to help clarify Functional Integration lessons/configurations we are offering practice sessions and mentoring for the trainees of FITP Wien 2023.

In each of these supervised one-day practice sessions we will have one FI configuration as the main topic, the material will be chosen in accordance with Donna. A relaxed atmosphere will help practicing together with ease and give plenty of space for your questions – while reviewing the details of each Functional Integration lesson. Each day will start with a short ATM lesson that closely relates to the FI practice of the day.

Sascha or Joy will be offering review sessions on the following days:

- Friday, 4 April 2025
- Saturday, 4 October 2025
- Sunday, 14 December 2025
- Sunday, 26 April 2026
- Saturday, 17 October 2026
- Sunday, 13 December 2026
- Saturday, 17 April 2027

Times: 10:00 - 16:30 (with lunch break)  
Venue: Feldenkrais Institut Wien  
Price: € 65,- (incl. VAT/USt.) per day



**Each review session can be counted as one make-up day for your training program.**

Teaching languages: English and German  
Hybrid/online participation is possible!

Please register by e-mail: [training@feldenkraisinstitut.at](mailto:training@feldenkraisinstitut.at)



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