

FI Review Sessions and Mentoring



Reviewing the Functional Integration material of FITP Wien 2021 with Sascha or Joy

To study and clarify Functional Integration skills is the main focus in the 3rd and 4th year of a Feldenkrais training program. In order to help clarify Functional Integration lessons/configurations we are offering practice sessions and mentoring for the trainees of FITP Wien 2021.

In each of these supervised one-day practice sessions we will have one FI configuration as the main topic, the material will be chosen in accordance with Donna. A relaxed atmosphere will help practicing together with ease and give plenty of space for your questions – while reviewing the details of each Functional Integration lesson. Each day will start with a short ATM lesson that closely relates to the FI practice of the day.

Sascha or Joy will be offering review session on the following days:

- Sunday, 25 June 2023
- Saturday, 2 December 2023
- Sunday, 17 March 2024
- Saturday, 22 June 2024
- Sunday, 15 December 2024
- Saturday, 5 April 2025

Times: 10:00 – 16:30 (with lunch break)

Venue: Feldenkrais Institut Wien

Price: € 65,- (incl. 20% VAT/USt.) per day



Each review session can be counted as one make-up day for your training program.

Teaching languages: English and German

Hybrid/online participation is possible!



Please register by e-mail: training@feldenkraisinstitut.at.

Our General Terms and Conditions apply (www.feldenkraisinstitut.at/gtc).

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